BARTLESVILLE PEDALERS

Gazette

April/May 2002 • The newsletter of the Pedalers Bicycle Club, Bartlesville, Oklahoma

NATIONAL BIKE MONTH:

Get out and ride!

This is the 46th consecutive year the League of American Bicyclists has proclaimed May as National Bike Month. Bike to Work Week is May 13-17 and Bike-to-Work Day is Friday, May 17th. President Bush, in appointing Dr. Richard Carmona as Surgeon General, said, "The doc and I are going to encourage all our country to either run or walk or swim or bicycle for the good of their families, for the good of their own health, and for the good of the health of the nation." May is also National Bicycle Safety Month.

Bicycle-friendly Bartlesville and the surrounding counties are great places to ride. We are quite fortunate to have the city's Bicentennial project, Pathfinder Parkway, connecting our residences, parks, soccer and ball fields and shopping areas.

To commemorate National Bike Month, the



Bartlesville Pedalers and the *Examiner Enterprise* will feature each week a local bicycling commuter – one you may have seen out there, faithfully pedaling to work each day. Read how these "road warriors" got started! What keeps them motivated!

Visit www.cdc.gov/ncipc/bike/month.htm for key safe riding lessons for children, including how to wear a helmet properly and five rules to avoid fatal crashes.

Spring Fling

By Jim Black

Mark your calendars for this year's Spring Fling Bicycle Tour to be held June 1st and 2nd. Since it's right at the start of the month, I thought we better talk about it now. That gives you a month to plan and there's no excuse for not coming out. Coming one week before FreeWheel and giving us a chance to check camping gear as well, this will be the Pedaler's graduation ride. Where else can you drive (or ride if you'd like) 12 miles to a state park, set up camp, see what you've forgotten, and ride the beautiful Osage Hills for a mock FreeWheel ride?

So, here's the plan. There will be three different rides Sat. June 1, and three rides Sun, June 2, all

starting from Osage Hills State Park on US Hwy. 60. Ride distances will be from 15 to 60 miles of joyous, rolling Osage Hills. The park has camping and RV facilities, and showers with hot & cold water (sorry, couldn't duplicate FreeWheel with only cold showers). If you're looking for a cheap date, this will be a very expensive weekend. Cost of covering the camping and amenities will be \$10.00.

Although scheduled as a FreeWheel training ride, this event is open to all and it would be great to see the whole club out for at least some part of the weekend. Friends from other clubs are invited too.

Continued on next page

May Club Meeting – May 7
Noon, Bartlesville Public Library

Bartlesville Pedalers 1 April/May 2002



A message from the President

Hi Pedalers! Welcome to May, a great time to ride a bike. And a special welcome to Vince Hennigan, our new newsletter editor. Vince is new to our club (this time around, although he's been here before) and has the right background to make a fine Editor for us. Welcome aboard, Vince! We look forward to great newsletters.

I also want to extend my personal *Thank You* to George Harris for keeping our Newsletter alive for the last few years. Thanks, George, you did a great job, and we all appreciate it.

Since May is here that means we only have one more full month of FreeWheel training, and although it may be sacrilegious for the president to say it, hopefully some of that will be rained out. So, we need to take advantages of the good riding days we have. Look for more information in this newsletter concerning FreeWheel and other upcoming events. There are a lot of neat rides this month (it is National Bike Month) so get out and ride. Bring a friend too, even if you don't have a tandem. Part of the fun of Club riding is having others along, so bring a friend. Our FreeWheel build-up rides are perfect for getting others started.

Joanne has been working hard to promote National Bike Month. Watch the newspaper for articles regarding commuting and other bike stuff. We'll have an open meeting at the Library at noon, Tuesday, May 7. Bring a sack lunch, a friend, and if you want to ride afterward, a bike.

Keep the wheels spinning,

Jim Black

Spring Fling Coming

Continued from previous page

The Spring Fling is designed to be a relaxed and flexible weekend. Please feel free to mix and match, riding as much or as little as you would like, camping one, two or three nights, or just coming out for an evening around the campfire.

We are reserving a camping area and pavilion for the club and need to know numbers to get enough space. Please call Jim or Donna Black at 335-3553 or e-mail us at blacksbikes@bartnet.net. Meals will have to be a personal responsibility, but call Donna if you would like to coordinate menus. Please let us know your plans as soon as possible so we can make all the proper arrangements. Since there are multiple rides it would be best to have three to six different ride leaders. If you know the distance you would like to ride call Jim and volunteer to lead that ride.

Visit our website: www.bartlesvillepedalers.com



OFFICERS/DIRECTORS

Jim Black, President

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Joanne Estes, Secretary, 333-6524 (hm)

Rod Harwood, Road Biking Director, 335-7546 (hm)

Bob Lummis, Mountain Biking Dir., 333-4374 (hm)

Brad Cobb, Director at Large, 336-5046 (hm)

Neal Johnson, Director at Large, 331-9671 (hm)

Vincent Hennigan, Newsletter Editor

338-0604 (hm) vhennigan@yahoo.com



By Rod Harwood, Road Biking Director

A bicycle time trial, or "TT", is simply a race against the clock in which competing riders, riding alone, cover the designated distance in the shortest time possible. Time trialing is an individual challenge and a great gauge of overall fitness. And it's fun, too.

This year I am promoting a monthly TT series for the Tulsa Wheelmen – "Port Road Time Trials & Hill Climb." I would like to invite any interested Pedalers to come out and give it a try. The TT course is a 15 km out-and-back along State Hwy. 266, starting at the Port of Catoosa entrance. The Hill Climb is a separate TT up a steep 0.5 mile hill. Events are on Sunday mornings and start at 9 AM. The next event is Sunday, May 12th.

Check www.tulsawheelmen.com for a flyer with complete information. Hope to see a few of you there.

Great Tulsa Bike Ride

This is a reminder about the Great Tulsa Bike Ride 2002, Sunday, May 5th! Discounts are given for groups of five sent in the same envelope. Early registration deadline is Thursday, April 25th. Event Day registration opens at 7:30 am. Start/Finish is at River West Festival Park, 21st and So. Jackson Ave., Tulsa. Fees are \$17 (or \$13 without a t-shirt) per person. A spaghetti dinner is offered from 11 am to 3 pm at a cost of \$4 per person.

Four rides are offered: A Good Day's Ride at 62 miles starting at 9 am; a Half Century (50 miles) at 9:15 am; a Quarter Century (25 miles) at 9:30 am; and a FreeRide Eight (8 miles) at 9:45 am.

FREEWHEEL TIP #217:

"Try sleeping in a smaller bed to get used to the space in your tent until FreeWheel!" – Joanne Estes



What a tough lookin' bunch (out for a chilly early Spring ride). Come join us to train for OK FreeWheel in June.

From the Road Biking Director...

First, a BIG THANK YOU to all the VOLUNTEER RIDE LEADERS who have made this idea work. I think it has been fun for the leaders and riders alike, and certainly helps each of us take some responsibility for making the Club work. It's this participation that will keep us healthy and growing as an organization.

As of this writing, only a couple pre-FreeWheel ride schedule slots remain to be filled. Check the web site and sign up for an opening now. I plan to continue this system throughout the year, so I hope you will each be prepared to lead a ride or two each month. If you'd like to commit to a regular monthly slot or two, it would be a big contribution. Let me know; I'll be checking with you.

We've had good attendance and (mostly) good weather for our April rides. Now that everybody is warmed up, the real fun begins. For May we will have more time to stretch the distance on the Tuesday-Thursday rides, and the longer Saturday rides will start at 8 am (an hour earlier) and will each include a mid-ride brunch.

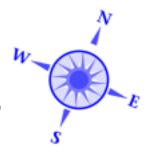
Looking forward to June, get your camping gear ready. The culmination of our pre-FreeWheel rides comes June 1st and 2nd -The Spring Fling Campout at Osage Hills State Park. Jim Black has agreed to promote this weekend of riding and camping fellowship. Come out and participate in as much of the weekend as you can. Details are available elsewhere in the newsletter.

Ride Well, Ride Often,

Rod Harwood

P.S. I came across a publication from the Okla. Dept. of Transportation called, "Oklahoma Bicycle Manual." It's got some good safety and rules-of-the-road stuff in there. Look for it online at: www.oklahomabicyclecoalition.com/manual/man01.asp

Mountain Biking...



From the Mountain Biking Director...

By Bob Lummis

In case you are not familiar with it, the Wednesday evening Knobby Tire rides are 15-20 mile rides on some of the local unpaved roads. We meet at various locations and take a different route every week. See the Knobby Tire schedule for directions to the meeting place or call me at 333-4374.

As summer approaches, our Sunday afternoon rides will change too. As the weeds, snakes and ticks come out, we'll give up trying to ride the singletrack trails at Osage Hills State Park for the summer. We will continue to meet on Sunday afternoons though; we'll just be doing more riding on unpaved roads in the area, but have more miles than the Wednesday evening rides. Again, see the Monthly Calendar for the time and place.

On another note, we've received word that the Flint Hills Death Ride is on again this year. It is going to be held earlier though, I'm not absolutely certain of the date, but I think it is July 15. We will be gearing our Wednesday and Sunday rides toward getting in shape for this grueling ride. Our distances will increase each week and the difficulty will increase until we feel like we are up to the challenge. We will be having a metric century ride on gravel roads July 7th as the culmination of our training effort.

Knobby Tire Rides... May – Wednesday Evening Rides at 6 pm

Our Wednesday evening knobby-tire rides are similar to the Tuesday-Thursday road rides, only these are for mountain bikes on local dirt roads. We meet at 6 pm at various locations for 15-30 mile rides on dirt roads. See the following for meeting location and description of the ride.

May 1 - Paseo de Nowata Loop. An 18 mile loop in western Nowata County, South of Highway 60. Meet in the triangle at the junction of Road 2400 (Moose Lodge Road) and Road 4020.

May 8 - Cotton Valley Loop. Meet at the junction of County Roads 0700 and 3990. (One mile East of Highway 75 on the road just North of the Copan Truck Stop.) About 20 miles rambling through northern Washington County.

May 15 - More Moore Ranch Loop. A 15-18 mile loop around the high prairie West of Nowata and north of Highway 60. Shorter options available. Meet at the junction of Nowata County Roads 4050 & 0200. (Go straight on the gravel road at the first big curve on Highway 60 after crossing Hogshooter Creek.)

May 22 - Mullendore Ranch Route. An approximate 20 mile route, from Copan Lake Dam to Mullendore Ranch and back. Shorter options available. Meet at the parking area below the spillway at Copan Dam.

May 29 - Onion Prairie Road. A loop through Ochelata, mostly on gravel roads. This route has a GREAT downhill on it. Approximately 18 miles. Meet at the radio towers & Onion Prairie Road, at the top of the hill on Highway 123 as you leave toward Woolaroc.

June 5 - The Wann America Knobby-Tire Loop. A pleasant 20 mile loop around Wann that begins and ends at the post-office. Visit Six Flagpoles over Wann America while you are there! Meet in the parking lot of the Wann post-office on Highway 10.

More Knobby Tire Rides...

May - Sunday Afternoon Rides at 2 pm

May 5 - More Moore Ranch Route. Meet at the junction of Nowata county roads 0405 and 0200. (Hwy 60 to 1 mile east of the Washington/Nowata County Line; at the first curve of the big "S" curve.) 15 to 30 miles around the Moore ranch northwest of Nowata. We'll decide at the time how far we feel like riding. Some options are into Delaware or into Nowata.

May 12 - Avant Loop. We haven't been to Avant for a long time. Meet at the Avant House of Prayer for a nice tour of south-central Osage County. Mileage varies, we'll decide how far to go when we get there.

May 19 - Tall Grass Prairie Preserve to Foraker. Ride where the buffalo roam! We'll meet at the park headquarters and ride to Foraker and back.

May 26 - Ride to Nowata. Meet in the triangle at the junction of Road 2400 (Moose Lodge Road) and Road 4020. This will be an approximately 30 mile round trip to the C-Store by the golf course in Nowata and back.

June 2 - Eagle Rock Mountain Bike Trails. Eagle Rock again! Choices of mountain biking trails that vary from beginner to advanced that are well marked. Meet in the spillway parking area at the Elk City Lake Dam near Independence, Kansas.

Call Bob Lummis at 333-4374 for directions or if you want to carpool.

Muskogee Flower Power Ride

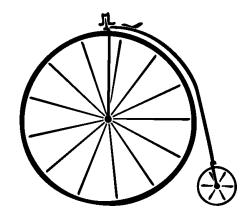
By Dale Munn

On April 13, five Peddlers (Dale, Walt, Jack, Joanne and Bill) journeyed to Muskogee for the 11th annual Flower Power Bike Ride. There were three options – 38 mile, 68 mile and 100 mile routes. Jack elected to take the 100 mile route and only deviated from the route once (that he admitted to). The rest of us didn't want to get there that early so Dale, Walt and Bill did the 68 mile while Joanne did the 38 mile.

We started in Honor Heights park where the Azaleas are supposed to be spectacular. I think we may have been a few weeks early, as there were not many blossoms to be seen. An interesting thing on this ride was that most of the sags were "real bikers." This worked pretty good, although it made it tough to give up and get a ride back to town. We kept looking for rest stops and finally found out that the rest stops were the motorcycles. They had cookies, bananas and water. It worked pretty good. I think Joanne knew about the hills on the 68- and 100-mile routes. Maybe a lot of other cyclists knew about them also as most of the riders did the 38 mile route. One of the hills was steep and long. I was embarrassed that I walked part of the hill. Then later when I was talking to the Lone Ranger, he said that when he was going up the hill he saw Tonto up ahead giving his mount a needed rest. When Tonto looked back and saw the Lone Ranger coming, he hopped on his mount and took off, not wanting to be seen pampering his mount. We rode right past Fort Gibson in a light drizzle. I remembered camping there with the Boy Scouts a few years ago. There were several scouts camping during the ride, that helped to explain the rain! The only real bad part of this ride was crossing the Arkansas River on Highway 62 with a light rain. It did not have a shoulder to ride on and the cars and trucks were going really fast. Other than the light rain during part of the ride it was a great day for a ride and we all had a good time.

FREEWHEEL TIP #64:
"I don't turn my air conditioning
on at home until AFTER FreeWheel"

– Ross Snider



May 7th Meeting at the Library!

The Pedalers Club president, Jim Black, local bike specialist and veteran FreeWheeler, will be on hand noon on May 7th, at the big meeting room upstairs at the Bartlesville Library. He will demonstrate proper bicycle maintenance, with safety tips, and answer your questions for those training for OK FreeWheel, the annual cross-state ride June 9-15.

Special recognition will be given to those bike commuters present! Tips and information with emphasis on safety will be available for those interested in cycling to work here in Bartlesville.

Come enjoy the indoor "FreeWheel-style Rest Stop" - complete with lemonade and shade! The public and especially local bicycling commuters are invited to bring a sack lunch and attend this informal and informative time!

OK FreeWheel 2002 Rest Stop News

Your club secretary, Joanne, is representing our club, helping with the FreeWheel Rest Stops for the Ride from Snyder, OK to South Haven, KS, June 9-15.

Just thought I'd pass on an interesting tidbit! Did you know GARTH BROOKS gets his shirts from the "Mo-Betta" Shirt Factory in Apache, OK??? Yes, he's famous there, too, according to Mayor and retired banker, Jim Patterson! And YOU, FreeWheelers, will be riding right through there and REST-stopping there on "Day 2," Monday, June 10th! Apache is READY! They want to roll out the red carpet as you start your long trek on up to Hinton, by the Red Rock Canyon later that day! So get ready! It's going to be a FreeWheel to remember!!! Pedalers, BETHERE!

Good Morning, Pedalers

I'm having fun participating in all the FreeWheel Training rides and getting better acquainted while getting fitter! Hope to see you out there on the club rides!

Mark your calendars for the next *Club Meeting, noon, May 7th, at the Bartlesville Public Library*, corner of Johnstone Ave. and Adams Ave. Jim Black, club president, plans to demonstrate bike maintenance, and answer FreeWheel questions. Also local bicycling commuters will be recognized - May is National Bike Month! We'll cap off that day with a 6 pm trash pick up - is that "livin' large" or what! I can hardly wait!

Rod can give you more info on the following, but all look like really good rides not too far away from Bartlesville:

This Saturday - Bison Bicycle Tour - Shawnee/with Redbud Festival - goes to music scholarships at OBU S.C.A.T (South Canadian Annual Tour) - New Castle (sort of SW of Norman) Saturday, May 11th at the High School

www.scatok.com email:scat@newcastleok.com

This even features 5:30 am pancake breakfast by the Senior Citizens and a TREK 1000 door prize! Save \$2 and register on the net! \$14! T-shirts, too!

Did I mention FREE babysitting for pre-paid registered participants!!!!!

Routes are:

62-mi. - experienced riders only!

46-mi. – extremely hilly - good ride for training for "FreeWheel" event

26-mi. - nice ride rolling hills

12-mi. - hilly

Wicked Wind 100 Bike Tour (25,50 & 100 miles) Sunday, May 19, by the OZ Bicycle Club, Wichita, KS This is part of the 30-year old Wichita River Festival. Rolling terrain on lightly traveled public roads. Lunch provided for the 50 & 100 milers. Register by May 10 - \$20 & \$10 for the short ride. Ride starts and ends at the high school.

AND if you're in town, take advantage of all the great local rides Rod & Bob have planned! Please

check out our web site...

www.bartlesvillepedalers.com

to see where you can put your name as a volunteer ride leader for the month of May! Barb and Shirley – I could use some help here where I've signed up!!! NO EXCUSES for not being in tip-top shape for Bike Month in May and FreeWheel in June! Lookin' Good!

Let's welcome new member CLARK MILLER! I hear he's a mountain bike fan! We're looking forward to meeting and riding along side (or behind you, in my case!) on some of the club rides! He says he can be reached at oklamtnbkr@aol.com!

Let's hear from you today if you plan to enter in the group fare I'm sending in tomorrow for the Sunday, May 5th Great Tulsa Bike Ride and spaghetti feed afterwards. Six have already registered: Dale Munn, Vince Hennigan, Janet Kitching (a definite Pedalers prospect - She has helped as nurse with St. John Hospital at two previous FreeWheels!), Bill Estes, Barbara Joyce, Malcolm Joyce and Joanne Estes.

Have a great day!

Joanne Estes

Second Trash Pick-up

By Shirley Martin

Come help us clean up trash on one of our favorite stretches of Hwy. 123–Hill 44. The second trash pick-up for the year will be Tuesday, May 7 at 6 p.m. We will meet at the Osage Hills School which is just off of Hwy. 123, south of the Phillips Research Center. You need to wear some sturdy shoes and gloves. The state supplies us with trash bags and we will distribute them at the school. If it is raining on this day, trash pick-up will be rescheduled for the following Monday, May 14.

We had a very good participation in our first trash pick-up in March so I hope we will do as well in May. If you have any questions, call Shirley Martin at 333-8294. We will go eat Chinese food afterwards if the participants are interested.

See you there!

Pedaler Profile:



Vincent Hennigan

Welcome everyone! I'm Vincent Hennigan, your new newsletter editor. As it's been said, I'm not new to Bartlesville or to biking. I grew up in Bartlesville and got involved in racing with the help of my brother, Tony. He was nice enough to let me "borrow" his Schwinn Continental 10-speed bike for the 4th of July Fun Bike Race at Sooner Park in 1972. I got a thrill riding with about a dozen others in my age category. I did alright in the race and was encouraged by friends and family to race. So I decided to ride in Salina, KS in a race later that month. I placed second and won a trophy!

I joined the United States Cycling Federation in 1973. Gary Schafer, a mechanic at Lehman's Sporting Goods, helped me to train for racing in the Junior Division. I got my own 10-speed and rode as often as I could. At the time there wasn't a bike club in Bartlesville, so Gary and I mustered up several local bike enthusiasts. and we formed the Sunset Bicycle Club (named after the street that Gary lived on). I became president of the club in 1974.

I competed in races across Oklahoma, Kansas, Arkansas and Texas for two full seasons. I qualified for the Nationals in 1974 in the Time Trial category. However, in September 1974 an errant driver forced me into an accident that caused me severe injuries which cut short my racing activities. I went on to study at the University of Oklahoma in 1975. I started riding and racing again in 1976. I started a racing club in Norman that year with the emphasis on building a racing team.

I graduated from OU with a journalism degree in 1980. I worked at United Press International, the *Oklahoma Journal*, the *Oklahoma City Times*, the Capital News Bureau, and the *Oklahoma Gazette*. My specialty was writing stories and shooting photographs to delve into the "human interest" side of the story. I then worked for 10 years as a marketing/communications director for a major real estate franchise. This was the job that took me to San Diego, CA – where I lived until last summer. I have been operating my own graphic design and advertising agency since 1992.



Vincent Hennigan, left, with friend, Janet Kitching, at a recent Pedalers Board Meeting.

I choose to return home to Bartlesville last year to be with my family after discovering my father, Henry Hennigan, was diagnosed with prostate cancer. It's been a trying time, but Dad is doing his best and is currently at Silver Lake Care Center. Dad encouraged me to race as a teenager. He drove me and my friends to several events. During his business travels for Phillips Petroleum Company, he would buy me Campagnolo parts in Italy. What a thrill it was to build new wheels or add new parts obtained in Europe. I must point out, Oklahoma didn't have much selection of quality bike equipment in the early '70s.

Another highlight was to work on the College High School newspaper staff as an associate editor and photographer. It was here that I worked with others on the staff to begin the process of getting approval and funding for the Pathfinder Parkway. The work on that project started after I went on to college. It was exciting to ride the paths on visits back home. In the early '70s there weren't any designated bike paths or trails in the area. Most road riding had to be done on city streets, Silver Lake Road, Highways 123 and 60, or worse yet, the busy and dangerous, Highway 75.

It's exciting to be a part of the Pedalers now. The club rides are fun. We're riding on roads that used to be only dirt or gravel-paved at best back when I used to ride here. I rode very little while I lived in San Diego because access to quiet country roads with clean air was limited. This area has a wealth of paths, bike lanes and riding opportunities. I want to help spread the word so more people can share in these opportunities.

Note: The Pedaler Profile will feature a club member in every issue. Please submit ideas to the editor at vhennigan@yahoo.com



The *Bartlesville Pedalers* are proud to be affiliated with the League of American Bicyclists, a national organization that promotes the ideal of a bicycle-friendly America through sponsored bicycle rallies and tours, political advocacy, and education.

You are invited to join the *Bartlesville Pedalers*. All memberships are \$16 per year. Anyone joining in the last quarter of the year is also paid up for the following year.

MEMBERSHIP APPLICATION:

Please ret	turn application to: Bartle	esville Pedalers, P.O. Box 79	3, Bartlesville, OK 74003	
NAME: _				
SPOUSE 8	OTHER FAMILY MEMBER	S:		
ADDRESS	:			
PHONE:	Home:	Work:	Other:	
E-MAIL: OK to publish this info in club directory? Ves No I accept with pleasure this invitation to join the Bartlesville Pedalers. I agree to observe all traffic laws and to comply with the suggestions of the ride leaders about the safety and decorum of the club. I understand that my participation in club activities and rides is solely at participant's own risk. The Bartlesville Pedalers cannot be held responsible for any accidents that may occur during or as a result of their activities. Helmets are required on all club rides.				
SIGNATUI	RE:		DATE:	

BENEFITS OF MEMBERSHIP:

Membership in the *Bartlesville Pedalers* brings numerous benefits:

- * Meet and ride as a group with others who enjoy exercise, health, and being outdoors
- * Share knowledge of bicycling skills and equipment
- * Learn, and teach, bicycling rules of the road and safety practices
- * Receive newsletter containing news, events, and contacts into the greater cycling community
- * Select from a variety of regularly scheduled organized rides
- * Contribute your personal energy to the bicycling lifestyle in the area
- * Participate in community service through our Adopt-a-Highway cleanup and other projects



Bartlesville Pedalers P.O. Box 793 Bartlesville, OK 74003

ADDRESS SERVICE REQUESTED

2002 • CALENDAR OF EVENTS
Published by the Bartlesville Pedalog Piant Co. 1979 For more info, visit www.bartlesville pedalers.com



SUNDAY

28 APRIL

Note: Club rides/events listed in bold italics, other rides/tours/ races/events in bold **MONDAY**

APRIL

APRIL

TUESDAY

Road Bike Ride 6 pm Johnstone Park 18 mi. Ochelata loop Walt Bohn, leader

WEDNESDAY

MAY

Knobby Tire Ride 6 pm 18-mile loop Nowata Loop Meet at Road 2400 (Moose Lodge Rd.) & Road 4020

THURSDAY

Road Bike Ride 6 pm Sooner Park 18 mi. to Moose Lodge & back Dale Munn, leader

NATIONAL BIKE MONTH

FRIDAY

3

SATURDAY

Club Road Bike Ride 8 am Johnstone Park (new earlier time) 40-50 mi. Barnsdall-WoolCo, Ramona Bill Estes, leader

> Valley Rally 2002 (405) 238-9321

Knobby Tire Ride Moore Ranch 2 pm Nowata County Road 0405 &0200

Great Tulsa Bike Ride 9 am River West Festival Park - Tulsa

Second Trash Pick-Up 6 pm Meet at Osage Hills School @ Hwv. 123 Call Shirley @ 333-8294

Road Bike Ride 6 pm Johnstone Park Distance/route not yet determined

Monthly Club Meeting Noon B'ville Library

Knobby Tire Ride Cotton Valley Loop 6 pm Road 0700 & Road 3009

Road Bike Ride 6 pm Sooner Park 22 mi. Dewey-Rose Hill Loop Bob Lummis, Leader 10

11

Club Road Bike Ride 8 am Johnstone Park 50 mi. Hulah Loop Rod Harwood, leader

S.C.A.T. Bike Tour Newcastle, OK www.scatok.com

Mercy TT Series Okla. City, OK Annemarie@theshop.net

12

Knobby Tire Ride Avant Loop 2 pm Meet at Avant House of Prayer

Port Road TT Series Catoosa, OK Rod @ 918-336-7546

13

14

Road Bike Ride 6 pm Johnstone Park 25 mi. to Woolaroc Brad Cobb, leader

15

Knobby Tire Ride Moore Ranch Loop 5 pm Nowata County Roads 4050 & 0200

16

Road Bike Ride 6 pm Sooner Park 25 mi. Bison to Silver Lake Road, Joanne & Bill Estes, leaders

LAB National Bike to Work Day Commute by bike! 18

Club Road Bike Ride 8 am Johnstone Park 60 mi. Pancakes in Pawhuska, Need ride leader

Red River Road Kill Rally Ardmore, OK 580-221-5118

Tour of the Wichitas Lawton, OK 580-355-1806

19

Knobby Tire Ride Tall Grass Ride 2 pm Meet at Tall Grass Prairie Preserve HQ

Wicked Wind 100 Wichita, KS www.ozbikeclub.com 20



21

Road Bike Ride 6 pm Johnstone Park 30 mi. to Oglesby Brad Cobb, leader

Knobby Tire Ride Mullendore Ranch Rte. 6 pm Below spillway at Copan Dam

League of American Bicyclists • National Bike Week

23

Road Bike Ride 6 pm Sooner Park 30 mi. to Copan Dale Munn, leader

25

Club Road Bike Ride 8 am Johnstone Park 70 mi. brunch at Vera Need ride leader

> Tour de Meers Meers, OK 580-429-3786

26

Knobby Tire Ride Ride To Nowata 2 pm Meet at Road 2400 (Moose Lodge Rd.) & Road 4020

27

28

Road Bike Ride 6 pm Johnstone Park 30 mi. Okesa route Need ride leader

29

Knobby Tire Ride Onion Prarie Road 6 pm Onion Prairie Road and Hwy. 123 30

Road Bike Ride 6 pm Sooner Park 30 mi. Bison south to Oglesby Need ride leader

31

24

JUNE

Spring Fling Campout Osage Hills State Park 30, 50 & 70 mi Jim Black, leader

Tour de Tulsa Ride Tulsa, OK v.tulsawheelmen.com

Mercy TT Series Okla. City, OK Annemarie@theshop.net

2 JUNE

Spring Fling Campout Osage Hills State Park 25 & 50 mi Jim Black, leader

Knobby Tire Ride Eagle Rock Ride 2 pm Meet at spillway Elk City Lake Dam, Independence, KS

3 JUNE

JUNE

Road Bike Ride 6 pm Johnstone Park 30 mi. Lemonade ride to Ramona Joanne Estes, leader

JUNE

Knobby Tire Ride Wann Loop 6 pm meet at Wann Post Office, Hwy. 10 6 JUNE

Road Bike Ride 6 pm Sooner Park 15 mi easy to Dewey and Adams Ranch Need ride leader

7 JUNE



8 JUNE

No rides scheduled

OK FreeWheel 2002 Begins @ Snyder, OK www.okfreewheel.com 420 mi. Jun. 9-16