

# Newsletter of the Pedalers Bicycle Club, Bartlesville, Oklahoma "...to promote bicycling in all its forms"

March 2002

# FREEWHEEL 2002

LUNCH WITH LIBBY AT THE LIBRARY!

Libby Stalter, Tour Director of OK FreeWheel since 1989, will be featured speaker at this month's special club meeting, **12:00 noon, Tuesday, March 12**, in the large upstairs meeting room at the **Bartlesville Public Library**.

The public is invited to attend this informal time. You may want to bring a sack lunch along with your friends who are interested in experiencing beautiful Oklahoma scenery to its fullest during this 24th annual cross-state ride.

There will be plenty of time to get the scoop on this fun, yet challenging ride scheduled for June 8-15. This years approximately 400-mile, 7-day ride will begin in Snyder, Oklahoma on Sunday, June 9 and on the following Saturday, diligent riders will proudly cross the finish line in South Haven, Kansas, ready to claim their finisher's pin and well-deserved accolades!

Libby moved from Springfield, Missouri in 1977, and, two years later began at the "Tulsa World" in the Entertainment Department. In 1989 she took over the News Room Promotions, which included FreeWheel. This was her first taste of bicycling and she "absolutely fell head-over-heels in love with it!"

In 2000, she decided to leave the "Tulsa World," take Freewheel with her, and started her own Events Consulting business called "Tailwind Events and Consulting." Last year, in addition to FreeWheel, she started a new one-day ride, called the "Route 66 Heritage Ride," and a new three-day ride, which this year will be called "The Oklahoma Fall Bike Fest."

Libby was also hired by Tulsa Run, Inc. as office manager for about 6 weeks in the fall before the Tulsa Run.

Stalter says her goal is to make FreeWheel the best it can be, as well as to turn the fall ride into another successful multi-day bicycling event.

Our club is proud to join with the "Tulsa World," Tulsa Bicycle Club, Red Dirt Pedalers, Jefferson Lines, St. John Medical Center, Central Tech Truck Driver Training, Oklahoma Bicycle Society, and Desert Rose Design in sponsoring FreeWheel.

Come ready to share your own scrapbooks and photos of YOUR FreeWheel experiences with the viistors and enjoy an indoor re-creation of a typical FreeWheel Rest Stop! (Lemonade, anyone??!!)

# Check the FreeWheel website: www.okfreewheel.com

for this years map, early registration form, photos from previous years, and much more.

# "April Fool - Bring a Friend" Pot Luck (no fooling)

As a kick off to the new bicycling season and a celebration of the coming of daylight savings time, the Pedalers will gather for a pot luck dinner to be held **Monday, 1 April, 6PM,** at a location to be determined (if anyone would be interested in hosting this gathering, please contact Jim). The Club will furnish beverages and utensils, members **bring a dish and a friend** or three to share. Jim and Donna Black will be the contact persons for the event. Check with them for details and food suggestions -> 335-3553.

## KATY Trail Ride 2002

As we reported back in the January newsletter, The Missouri Department of Natural Resources is sponsoring a **225-mile five-day, four-night tour** of the nation's longest developed rail trail. The ride will take place **June 24-28** (Two weeks after FreeWheel). Several of you have ridden the trail and can vouch for the pleasant ride and fantastic scenery. The first 185 miles of the ride will be along the section of the trail that has been designated as an official segment of the Lewis and Clark National Historic Trail.

The ride will begin in St. Charles and have overnight stops along the route at Hermann (64 miles), Hartsburg (56 miles), New Franklin (35 miles), Sedalia (42 miles) and end in Clinton (35 miles.)

In January, we reported that the fees would be \$200 for adults and \$175 for children. We now also know that the family rate is \$600, the day rider rate is \$45/day and the non-rider rate is \$35/day. There will be an optional shuttle (\$40) before the ride or after the ride from Clinton (the ride end-point) to St. Charles (the ride begin point). The registration fee includes two meals a day, camping accommodations, sags and a baggage hauling truck.

Full information concerning the ride can now be obtained on the Internet at http://www.mostateparks.com/katytrail/2002ride/2002registration.htm or by telephone at 800/334-6546.

# Trash Pick Up

#### March 9

The Pedalers club voted to continue with our community project of picking up trash on Hwy 123. The first trash pick-up for the year will be **Saturday, March 9 at 9 am.** We will meet at the **Osage Hills School**, which is just off of Hwy. 123, south of the Phillips Research Center. You need to wear some sturdy shoes and gloves. The

state supplies us with trash bags and we will distribute them at the school. If it is raining on this day, trash pick-up will be rescheduled for the following Saturday, March 16. If you have any questions, call Shirley Martin a 333-8294. We will try to go for a short bike ride afterwards and then go eat Chinese if the participants are interested. Hope to see you there!

# Is your Pedalers Membership paid up for 2002?

As was pointed out in the January newsletter, it is time to renew your Pedalers Membership. If you haven't already done so, please take a few minutes now to write a check, complete the membership release form and mail them in today. A membership release form is attached to the end of the printed newsletter.

Beginning next month, the newsletter will only be distributed to members in good standing. You must be paid-up for the current year in order to remain in good standing.

# **Road Biking**

By Rod Harwood

April 7th marks the beginning of daylight savings time and the beginning of the Pedalers'
Tuesday/Thursday Evening Rides. This spring, as in the past, our Club ride schedule will be designed to prepare for the "OK FreeWheel 2002" ride in June. We will start with shorter, easier rides, gradually increasing distance and pace as the weeks pass. By June we'll all be ready for the Spring Fling graduation ride scheduled the weekend before FreeWheel itself, our opportunity to polish both our distance and camping skills. This progression is a good chance to get in shape whether you plan to ride FreeWheel or not.

...So, here's the idea. The Ride Director (that's me) plans the ride, the riders provide the Ride

Leader. Starting in April, members will be asked to sign up to be **volunteer ride leader** for a ride or two each month, both for the Tuesday/Thursday Evening rides that start April 9th, and for the Saturday rides.

Ride leaders will be provided with a route (or you can provide one yourself if desired) and a short list of instructions, which emphasize safety and keeping track of all riders during the ride. This system spreads ride responsibility among riders, promotes participation and leadership, and makes the rides more enjoyable for all. I will be recruiting volunteers during March to fill the ride schedule. I plan to add the schedule to the web site so that you can plan when you could best be available.

Let's all pitch in and enjoy the coming road riding season. See you on the road, Rod

## **March Weekend Road Rides**

Leaving Johnston Park at 9:00am Saturday mornings - All Saturday morning road rides will be "Tailwind Rides" until daylight saving time returns. All Tailwind Rides will depart Johnston Park at 9:00 am, weather permitting. Those in attendance will be determined the distance and direction for each ride.

# **Mountain Biking By Bob Lummis**

What can I say? I missed several of the rides last month myself. Looking back, I'm not sure just how that happened, it just did. I'm determined to do better in March.

For those of you who missed it, we had a great time riding the Eagle Rock Mountain Bike Trails near Independence, Kansas on the 10<sup>th</sup>. The morning of the 10<sup>th</sup> was cold, grey and raw, which may have influenced the sparse turnout for the ride. The afternoon however turned out to be a gorgeous day. Since Independence got hit much harder than we did in the ice storm, some of the trail was blocked with fallen limbs. This

allowed Joel to demonstrate his trail clearing techniques and also led to some interesting route diversions. We have Eagle Rock on the calendar again for March 3, so if you missed it the first time, here is another chance for you.

We also have put Tall Grass Prairie Preserve on the calendar for March 31<sup>st</sup>. This is some of the most impressive scenery to ride in that we have in this part of Oklahoma. We have several options to ride, depending mostly upon what the wind is doing at the time, but the plan is to do a loop from the park entrance, to the headquarters buildings then around and back to the entrance. I don't recall the mileage for sure, but I think it is about 15-20 miles. (We normally try to include a sag on this ride so that we can keep the sag vehicle between the buffalo and us when they are in close proximity.)

The rest of the month will be spent enjoying our trails at Osage Hills State Park. A lot of work has gone into these trails this winter and it has made for some enjoyable rides. Let's enjoy them as much as we can before we relinquish them to the ticks and other varmints for the summer.

# March Cross-Country Rides (Knobby Tires)

# **Sunday Afternoon at 2:00**

# March 3 - Eagle Rock Mountain Bike Trails. Let's do Eagle Rock again! Choices of mountain biking trail that vary from beginner to advanced that are well marked. Meet in the parking area at the spillway for the Elk City Lake Dam near Independence, Kansas. Call Bob for directions or

March 10 – Osage Hills State Park. Ride some more on those great new trails. Meet at the old rock building by the horse stables.

if you want to carpool. 333-4374.

March 17 - Osage Hills State Park. More wearing in those great new trails. Meet at the old rock building by the horse stables.

March 24 - Osage Hills State Park. More

wearing in those great new trails. Meet at the old rock building by the horse stables.

March 31 – Tall Grass Prairie Preserve. Ride where the buffalo roam! We haven't been to Tall Grass since last fall. We'll make it easier and meet near the entrance to the preserve at the junction of county roads N3722 and EW 1800. This is where the road from Pawhuska and our normal route in from Highway 60 meet. There is a bison monument at the intersection.

**April 7 – Osage Hills State Park**. This may be our last chance to ride our trails before the ticks and other varmints take over for the summer. Meet at the old rock building by the horse stables.

## New Newsletter Editor Needed

George Harris

The April issue will be the last Pedalers Newsletter that will be edited/published by me. A volunteer needs to step up to fill the position.

## President's Letter

I just finished a long, but really good meeting with our ride directors, and boy do they have some good stuff planned for us! We tried to lay out a calendar of rides for most of the year. There are Road Rides, Tours, Mountain Bike Events, and even some camping. Rod and Bob are working hard and you can look forward to a good year. Keep your eyes on the newsletter and see what's coming next. You might even want to get out a calendar and block out some dates so you don't miss the good ones. And tell Rod and Bob thanks when you see them. Now, you the membership, can do something for these rides as well. Membership is



down, and its a lot more fun to ride with more people. Talk to your friends (you do have some don't you?) and get them to come ride with us. Maybe you can even get them to join the Pedalers, and even lead a ride.

Keep on pedaling! Jim

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"I had been familiar with that street for years, and had supposed it was dead level: But it was not, as the bicycle now informed me to my surprise. The bicycle, in the hands of a novice, is as alert and acute as a spirit-level in the detecting and vanishing shades of difference in these matters. It notices a rise where your untrained eye would not observe that one existed."

- Mark Twain, "Taming the Bicycle"

# **Officers/Directors:**

## **President:**

Jim Black 335-3553 home blacksbikes@bartnet.net

#### **Vice President/Treasurer:**

Dale Munn 333-5693 home

dmunn@swbell.net

## **Secretary:**

Joanne Estes 333-6524 home

# **Road Biking Director:**

Rod Harwood 335-7546 home

# **Mountain Biking Director:**

Bob Lummis 333-4374 home

### **Directors at large:**

Neal Johnson 331-9671 home

**Brad Cobb** 336-5046 home

#### **Newsletter Editor:**

George Harris 331-9080 home

661-8899 work crash@bartnet.net

#### **Membership Application / Renewal**

I accept with pleasure this invitation to join the Bartlesville Pedalers. I agree to observe all traffic laws and to comply with the suggestions of the ride leaders about the safety and decorum of the club.

I understand that my participation in club activities and rides is solely at participant's own risk. The Bartlesville Pedalers cannot be held responsible for any accidents that may occur during or as a result of their activities.

Helmets are required on all club rides.

NAME:SPOUSE & OTHER FAMILY MEMBERS:				
ADDRESS:				
PHONE - home:	_work:_			
EMAIL ADDRESS:OK to publish this info in club directory?				
SIGNATURE:				

All memberships are \$16 per year. Anyone joining in the last quarter of the year is also paid up for the following year. Please return application to: Bartlesville Pedalers, P.O. Box 793, Bartlesville, OK 74003



P. O. Box 793 Bartlesville, OK 74003

